

How to return your sponsorship...

Please tick the appropriate box so that we know how you are sending in your money to us.

- Online – you can pay in your money online via virgin money giving here http://www.livingwithreflux.org/make_a_donation.html
- Post a cheque – made payable to 'Living with Reflux' to the address given
- Bank transfer – if you would like to send money directly to us from your bank account please email: tracey@livingwithreflux.org for further information.

If you are sending your money to us via, bank transfer, online or post please don't forget to still send us your sponsorship form to the address below, so we can claim your gift aid!

Don't forget 'GIFT AID'

Remind your sponsors that Gift Aid means UK taxpayers can claim an extra 20% on their sponsorship at no extra cost to them.

Make sure your sponsors write their full name, home address and postcode on the form, so we can claim Gift Aid on your behalf.

The form must be completed in their own handwriting.

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Why we need every penny...

After drinking their milk, babies are sometimes a little bit sick but it can be entirely normal or they may even have a bug or virus. Babies that are sick lots may have an illness called GOR which stands for Gastro oesophageal Reflux. The milk goes straight into their tummy and comes back up again. As they grow bigger it can get better and they are not sick as much but some babies still have it as they get older. Some even have it as grown ups.

The money you help us raise will buy paper for leaflets to give to parents, explaining lots of tricks to help their children with reflux so they are not quite as sick. It will also help by sending doctors and nurses to schools to teach other children about it and all the best ways to help with this illness and make them feel a lot BETTER.

By Lily Percival (9 years and 364 days old)



A DIAGRAM TO SHOW WHAT HAPPENS WHEN A BABY WITH RE FLUX DRINKS THEIR MILK

Living with Reflux
Raising awareness of Gastro-oesophageal Reflux

I've ran out of space...

You can print off more copies of this sponsorship form or photo copy it.

Return your sponsorship form and/or cheques to:

Living with Reflux, Melbray, Trusthorpe Road, Sutton on Sea, Mablethorpe LINCOS LN12 2LN

Please DO NOT SEND money/cash via post. It is safer to post a cheque.

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By providing us with personal data you consent to the terms and conditions of our privacy statement available at: www.livingwithreflux.org

