SPONSORSHIP FORM (WANT TO RAISE:

Please fill in your details in the spaces below so that we can claim gift aid.

Name:	Make sure that we can clearly read your full name, home address and postcode. It is important each sponsor completes their own details – forms in the same handwriting are not valid for Gift Aid purposes. If you are a UK taxpayer, the value of your donations increases by 20% under the Gift Aid scheme – at no additional cost to you! Please tick the box headed 'Gift Aid' below to join the scheme.	
Event name:		
Date:		
I am raising money for Living with Reflux by:	Please be aware that you must have paid an amount of income and/or capital gains tax at least equal to the amount of tax reclaimed by all charities and Community Amateur Sports Clubs on all your donations in the tax year (6th April one year to 5th April the next). Other taxes such as Council Tax and VAT do not qualify.	Living with Ref
		Raising awareness of Gastro-oesophageal Reflux

(TARGET

© Living with Reflux is a UK registered charity (number - 1132614) By providing us with personal data you consent to the terms and conditions of our privacy statement available at: www.livingwithreflux.org

HOW TO RETURN YOUR SPONSORSHIP ... (

Please tick the appropriate box so that we know how you are sending in your money to us.

Online – you can pay in your money online via virgin money giving here http://www.livingwithreflux.org/make_a_donation.html

Post a cheque – made payable to 'Living with Reflux' to the address given

Bank transfer – if you would like to send money directly to us from your bank account please email: tracey@livingwithreflux.org for further information.

If you are sending your money to us via, bank transfer, online or post please don't forget to still send us your sponsorship form to the address below, so we can claim your gift aid!

WHY WE NEED EVERY PENNY ...

Living with Reflux aims to raise awareness of Gastro-oesophageal Reflux (GOR) and to do this we need funding. GOR is a condition where the contents of the stomach backs up into the throat and out of he mouth. In infants and children this can become very uncomfortable and distressing, not only to the child but causing an impact on the whole family.

As a charity we would like to see faster diagnosis and wider, more accessable information available for families across the UK – more knowlege and information in many cases of GOR means less suffering. We can only do this with your help.

You can get more information on GOR by visiting our website: www.livingwithreflux.org

I'VE RAN OUT OF SPACE... You can print off more copies of this sponsorship form or photo copy it.

RETURN YOUR SPONSORSHIP FORM AND/OR CHEQUES TO: Living with Reflux, Melbray, Trusthorpe Road, Sutton on Sea, Mablethorpe LINCS LN12 2LN

Please DO NOT SEND money/cash via post. It is safer to post a cheque.

DON'T FORGET 'GIFT AID'

Remind your sponsors that Gift Aid means UK taxpayers can claim an extra 20% on their sponsorship at no extra cost to them.

Make sure your sponsors write their full name, home address and postcode on the form, so we can claim Gift Aid on your behalf.

The form must be completed in their own handwriting.

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Living with Reflux